

MEMENTO SNOWSHOE ACTIVITY





A Snow shoeing outing is the perfect opportunity to escape the hustle and bustle of the ski resorts. Immersed in the mountain landscape, one has the opportunity to view wildlife in it's natural habitat, as well as learn about the rich history of the valley .

Snowshoeing is a physical activity for all ages . With varying itineraries your guides can easily adapt to the fitness level of the group or to an individuel request .

Most snow shoeing excursions take place on the sunnier south side of the mountain or in the protection of the trees on a snowy day .

THE SUPERVISORS

Our two mountain guiding proffesionals Nicolas and François, along with the ski instructor Jean-Louis, are experts in finding routes off the beaten track and are passionate about sharing their knowledge of the natural environment and the heritage of the area.

EQUIPMENT

- Wear warm and comfortable clothing suitable for a walking activity. Avoid bulky jackets , instead opt for multi-layers that can be easily removed and added.
- We recommend hiking boots, or similar, as preferred footwear. Snowboard boots are allowed. However, ski boots, moon boots or low shoes (that do not come higher than your ankle, such as trainers) are not permitted.
- We provide the snowshoes, hiking poles and safety equipment as required.
- Bring a small backpack with snacks and water for half day outings, and a complete picnic for full day outings.



REGISTRATION REQUIREMENTS

- The activity starts from our office Evolution 2 in Val d'Isère
- Some of the different outings are accessed using our Evolution 2 transport
- **A correct physical condition** is recommended if you wish to join an organised group (*you must have the ability to walk comfortably at the pace of a group and the chosen itinerary*). Private outings can be organised for all levels, ages and individual requests. Snowshoeing remains a sporting activity
- Children from 10 years old are welcome
- Meeting time: 10 minutes before departure time
- A pedestrian pass for outings to the Monal is required

- According to the weather and safety conditions your guide may be obliged to make last minute changes to the itinerary
- Start/ Finish times: Mornings from 9.15am to 12.15pm and Afternoons from 1.30pm to 4.30pm, with evenings starting from 5.15pm
- Prices :
Half-day tour : 49€ per person
Full-day tour: 79€ per person
Privatisation possible on request
Dinner at Orsière: 1 to 4 pax 340€ / 5 to 8 pax 550€ (private only)

HALF-DAY OUTINGS

The half-day outings represent approximately 2h to 2h30 of walking time, and 3 to 5 km of walking distance.

- **Around the Hameau des Boisses (level 1)**

Leaving Tignes 1800, the oratory path takes us to the Chapelle Saint-Maurice and the historic hamlet of Les Boisses. You discover the architecture of the traditional Tignes farms before reaching the larch forest,(which was very useful for the buildings of the time). The walk ends with a lovely view of Lac du Chevril.

- **Le Villaret des Brévières (level 2)**

Set off in the forest until you discover an isolated mountain hamlet, inhabited all year round. An excellent opportunity to discover the traditional Tignard habitat.

- **Le Fornet (level 2)**

At the edge of the Tarentaise valley, walk along the banks of the Isère at the foot of the famous Col d'Iseran pass. Discover the highest hamlet of the valley and hopefully spot ibex .

- **The alpine pastures of Franchet (level 2)**

Starting from a historic path of peddlers to Italy, discover a remote village that is inhabited all year round. With splendid views of the Chevril lake, your guide will share their knowledge of life in the mountains, allow yourself to learn about the chamois of the Sassièrè.

- **Salin Waterfall (level 2)**

From Tignes le Lac, you descend towards Chevril Lake to the small hamlet of Combes, uninhabited in winter, to discover its chapel Sainte-Anne and the Salin waterfall, a real geological feature of the area.

- **Le Bois de la Laye (level 3)**

Discover this beautiful larch forest in the direction of Lake Chevril, the territory of the old village of Tignes and its paths of access to the alpine pastures. Be surprised and awed by the mystery and beauty of the gouille du Salin, an active waterfall even in winter.

- **Le Villaret du Nial (level 3)**

Discover the entrance to the Sassièrè valley and its high cliffs inhabited by the ibex and chamois of Vanoise. You will descend on the south-facing slope with stunning views of the peaks of the Grande Motte and the Grande Casse.

- **Les gorges du Nant Cruet (level 3)**

Well away from the ski resort, discover the forest wildlife and join the magnificent ice waterfalls of the gorges of Nant Cruet.

- **Chevril Forest (level 3)**

Come and explore this coniferous forest off the beaten track and discover an unforgettable view of Chevril Lake through amazing rocky parades.



DAY TRIPS

The full-day outings represent approximately 5h to 6h30 of walking time, and 7 to 9 km of walking distance

- **The Monal (level 3)**

Discover one of the most picturesque alpine hamlets in the Tarentaise valley. If the snow conditions allow, discover the Clou valley, a setting of wild nature at the gates of the small resort of Ste-Foy-Tarentaise.

- **Orsière (level 4)**

Walk in the forest to reach a mountain chalet for lunch. In this area, pages of history have been written around the making of Tignes marbled cheese. The return to the valley is via the Davie mountain pastures occupied in summer by a herd of nearly 2000 sheep and lambs.

- **Réserve de la Grande Sassièrè (Level 5)**

Leave the bottom of the valley and reach the pastures of a protected nature reserve. You will discover unique panoramas of the summits of the Vanoise and you will get closer to the winter life of chamois and ibex.

- **The Monal par le vallon du Clou (level 5)**

From the small station of Ste-Foy-Tarentaise, you are taken by 3 chairlifts to the Col de l'Aiguille. You will discover a panorama of high mountains before going down the snow fields of the Clou valley to reach the picturesque hamlet of the Monal

THE NIGHT OUT

- **Nocturne in Orsière (level 3)**

This walk in the forest will take you to a mountain chalet that opens its doors for the occasion. After a tasty dinner made of local produce, your return to the valley using the light from head torches, against a background of illuminated villages.



SNOWSHOE LEVELS

To help you choose the level of your snowshoe outing, here is a classification that takes into account the altitude difference, distance and walking time. This classification is to be considered as a guide, understanding that the snow conditions (such as powder quality, amount of snow, temperature, etc...) at the time of the outing will either facilitate or increase, the difficulty of a hike. Feel free to discuss this with one of our team.

- **Level 1:** almost no altitude difference, less than 2 km, a short hour-long walk. If you sometimes choose to take the stairs to the 3rd floor rather than the lift, this level is for you.
- **Level 2:** 150 to 200 metres elevation on uneven slopes, between 2 and 3 km, 2 hours of effective walking. If you walk regularly to join your activities, this level is for you.
- **Level 3:** around 200m of elevation with some passages on steeper slopes, around 3 km, 2h30 to 3h walk. If you practice a sporting activity every week, this level is for you.
- **Level 4:** more than 400m of elevation on a trail with some steep slopes, between 5 and 7km of walk, more than 5 hours of walking. You have previously experienced snowshoeing and practice a sports activity every week, this level is for you.
- **Level 5:** more than 600m of altitude ascent and/or descent, with passages including a sustained slope, more than 7km of walking distance, and more than 6h of walking time. You have already had several snowshoeing experiences, you are able to carry a bag of 8 to 10 kg and you practice a sports activity several times a week, this outing is for you.

