



**CONTACT US AT  
+33.6.13.18.67.26**

**520 €/CHILD\***

**FROM 8 TO 14 YEARS OLD  
FROM MONDAY TO FRIDAY**

# PROGRAM



**MONDAY**

E-Bike Tour + Hiking

**TUESDAY**

Rafting + Indoor climbing

**WEDNESDAY**

Mini-musher experience + Mountain bike

**THURSDAY**

Tree climbing+ Orienteering

**FRIDAY**

Hiking + Fishing

**\* PRICE INCLUDES ACTIVITIES, LUNCH AND TRANSPORT**

**DISCOVER AND LEARN ABOUT MOUNTAIN  
ENVIRONMENT WHILE HAVING FUN**

**DEDICATED TO CHILDREN/TEENAGERS WHO ENJOY AND PRACTICE  
SPORTS REGULARLY**



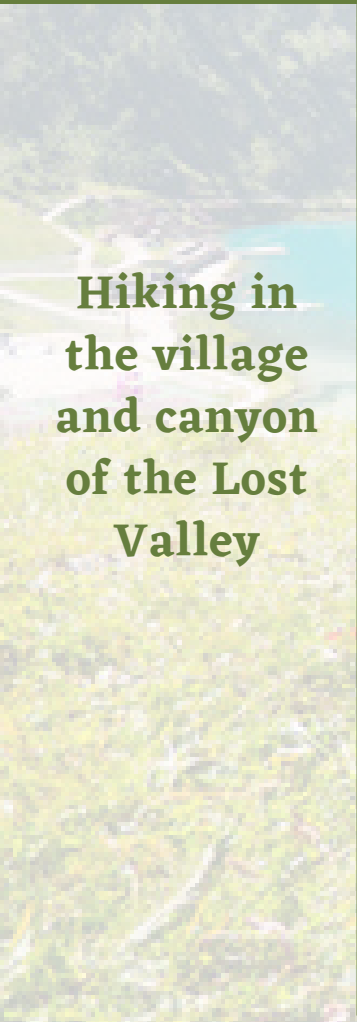


# E-BIKE

Enjoy going uphill as much as downhill thanks to your e-bike

\*Children must be able to ride a bike without stabilizer wheels

# *Monday*



Hiking in the village and canyon of the Lost Valley



# HIKING



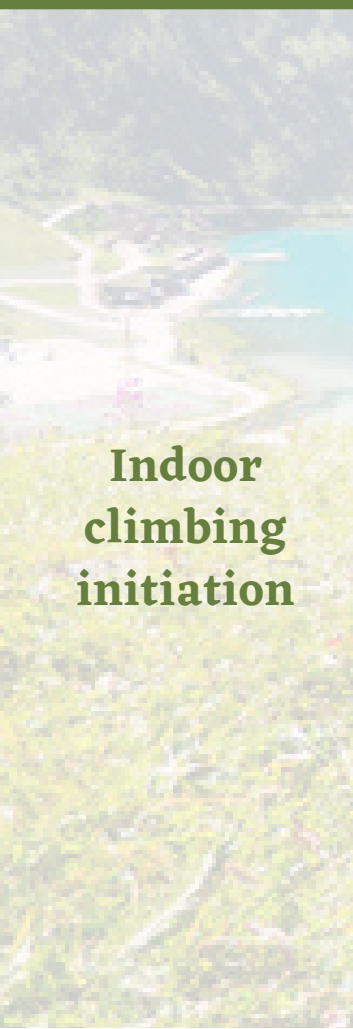


# RAFTING

Fun  
rafting  
ride  
along the  
Isere  
river  
rapids

\*Children  
must be  
able to  
swim 25m  
in open  
water

*Tuesday*



Indoor  
climbing  
initiation



# CLIMBING



# MINI-MUSHER

**Multi-activities\*  
with  
mushing  
dogs**

\*cani-rando,  
agility, cani-kart  
and cani-trot'

## Wednesday

**Mountain  
bike  
initiation**

\*Children  
must be  
able to  
ride a bike  
without  
stabilizer  
wheels

# MOUNTAIN BIKE





# TREE-CLIMBING

Pleasant and fun track in the trees in Val d'Iserre

*Thursday*

Learn how to read a map and make sure to find all the strategic points in Val d'Iserre



# ORIENTEERING





# HIKING-

*Friday*

Walk up in  
the  
mountain to  
go fishing in  
Chardonnet  
Lake



Picnic and  
trouts on  
the  
barbecue at  
lunch time



# FISHING



# TO BE REMEMBERED



## PARTICIPATION CONDITIONS

- Children must be over 8 years old
- Concerning rafting : children must be able to swim 25m in open water
- Concerning mountain bike : children must be able to ride bikes without stabilizer wheels
- No pre-requisites are required for the other activities

## OUR METHOD

- Get to know and understand more about the mountains in summertime
- Group cohesion and fun are always present

## ORGANISATION AND SAFETY RULES

- Activities are always supervised by qualified instructors
- MyTignes Cards are not included and are required for downhill mountain bike activities
- The program is subject to change due to weather conditions
- A minimum of participants is required to maintain the activities
- Upload the program and please make sure all the registration documents are filled up and return to us

## INSURANCE AND CANCELLATION

- Flexible general conditions of sales.
- Insurance is highly recommended. Make sure your own insurance covers your activities in case of cancellation for personal or professional reasons as well as injuries or accidents. Assurmix offers to subscribe to a cancellation insurance that covers you in case of unforeseen circumstances or interruption of your activities. Please contact us for any further details.

**SUBSCRIPTIONS CAN BE MADE ONLINE, BY EMAIL OR DIRECTLY IN OUR OFFICES, SUBJECT TO AVAILABILITY**





# CHECK LIST

For the whole week

## ACTIVITIES

- Sport t-shirt
- Sweat-shirt or fleece sweat-shirt
- Windbreaker jacket or rain jacket
- Shorts
- Swimming suit
- Jogging / leggings / hiking pants
- Sport socks
- Sport baskets / Hiking shoes
- Sunglasses
- High protection Sunscreen (indication 50) + Sun lipstick
- Cap or hat
- Bottle (50cl minimum) / Camel Back
- Hiking bag (25L minimum)

## ADDITIONAL

- Sunglasses
- Headlamps
- Personal sport equipment if your children have some (climbing shoes, biking shorts...). Do not hesitate to contact us to make sure your equipment is useful for our activities.

## IMPORTANT INFO

This check list is given as an advice to be as much prepared as possible for the camp. You can of course adjust this list depending on your needs and on the activities chosen by your children. It is necessary to write the full names of your children on every clothes and equipment they wear and bring with them.

Summer Camp activities take place at 2000m above sea level, the temperatures can vary significantly (from 0° to sometimes 30° during the day!). Do not hesitate to pack clothes that are adapted to this weather condition.

It is highly recommended to not bring any valuables. Any lost or damages of personal effects during the activity will not be covered by our insurance (jewels, electronic devices, smartwatch...)





### Image Rights

I, undersigned Mrs/Mr \_\_\_\_\_, acting as the legal representative of the child \_\_\_\_\_, grant to the company Evolution2 the right to take pictures or videos on which our child could appear.

I also allow :  
\_\_\_\_\_

- Publication and use of these pictures or videos for all publications within the Evolution 2 structure (print media, social networks, website...)
- Public screening of videos (television, end of stay video, ...)
- Publication of photos/videos in removable media (USB key, hard disk, ...) for the participants of the Summer Camp

I grant this authorisation free of charge and for an unlimited period.

Please inform us of any change of opinion

Signed in (town) :

Date :

Signature of the legal representative :



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## Medical form

Note : This part of the document is intended to give us personal information about your children.  
This information will be used in case of emergency (injury, illness, etc.) and for the well-being of your children during their stay. Please fill up the form with the utmost care.

Dates of stay :

Full name of your child :

Date of birth :

Sexe :

Full name of one of the parents :

Person to call in case of an emergency n°1 (Full name, mobile phone number) :

Person to call in case of an emergency n°2 (Full name, mobile phone number) :

### 1.Vaccination :

Mandatory Vaccinations	Yes	No	Date of the last vaccination	Recommended Vaccination	Yes	No	Date of the last vaccination or date of disease
DTP (diphtheria, tetanus, poliomyelitis)				Tuberculosis Pertussis Measles-Rubella- Pox Pox Hepatitis B Covid			

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**Please note that DTP does not present any contraindication**

## 2. Medical information concerning your child

Is your child receiving medical treatment during your stay? YES NO

If yes, please attach a recent prescription and the corresponding medicines (boxes of medicines in their original packaging marked in the child's name with package insert)

No medication will be taken without a prescription.

Does the child have allergies ? YES NO

If yes, please precise exactly what kind of allergies, the cause and the process to follow (in case of selfmedication, please tell us) :

.....  
.....  
.....

Precise in the following lines your child's health difficulties (disease, accidents, seizures, hospital stays, surgery, reeducation) precising the dates and your recommendations:

.....  
.....  
.....  
.....

Does your child wear lenses, glasses, hearing aids, dental prostheses...? Please, specify :

.....  
.....  
.....

If your child is a girl, does she have her period ?

Oui Non

Do you have other precisions ?

.....  
.....  
.....

Name and phone number of your child's doctor (optional) :

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I, undersigned Mrs, Mr,

legal representative of the child, declare accurate the information on this document and authorise the person in charge of the stay to take, if necessary, any measures (medical treatment, hospitalization, surgery) made necessary by the child's condition.

Date :

Signature :

Please return this document well completed 3 days before the beginning of the camp.