



TIGNES
VAL D'ISÈRE

HIKING PROGRAM

**INFORMATION AND
RESERVATIONS**

EVOLUTION 2 TIGNES

- +33 (0)4 85 58 08 50
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- <https://evolution2.com/tignes>










EVOLUTION 2 VAL D'ISERE

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Book online



WEEKLY PROGRAM

	MORNING	AFTERNOON	EVENING
MONDAY	Wildlife and plant observation 	History and Heritage 	
TUESDAY	Tignes Alpine Pasture 	Tignes Alpine Pastures 	
WEDNESDAY	In the heart of the Vanoise National Park 		Aperando 
THURSDAY	Hamlet of Monal 	Hamlet of Monal 	
FRIDAY	High-altitude hiking: Target: 3,000 m elevation gain 		

HIKING TRAIL LEVELS



EASY



AVERAGE



DIFFICULT



VERY DIFFICULT

THE ESSENTIALS

HIKING CLOTHES, APPROPRIATE SHOES, LIGHT JACKET, BACKPACK, WATER, SUNSCREEN. PICNIC IF IT'S A FULL DAY.



HALF-DAY HIKES

WILDLIFE AND FLORA OBSERVATION



COME AND DISCOVER THE GRANDE SASSIÈRE RESERVE, A PROTECTED AREA WHERE MARMOTS, BOUQUETIN AND MANY OTHERS LIVES! EQUIPPED WITH OUR BINOCULARS, WE WILL EXPLORE THE HEART OF THIS RESERVE, ENCOUNTERING THE EMBLEMATIC FAUNA AND FLORA OF THE ALPS.

- 8:00 am at the Sport 2000 parking lot, at the Tignes 1800 roundabout.
- Monday morning.
- Approximately 3 hours walk
- From 8 years old.
- 300 m D+
- €26 (under 12) / €35 (12 and over)

HISTORY AND HERITAGE



COME AND DISCOVER TIGNES! ALONG THIS HIKE THROUGH THE FOREST, OVERLOOKING LAKE CHEVRIL, YOU'LL LEARN ABOUT THE KEY MOMENTS IN THE TOWN'S DEVELOPMENT: THE DAM, THE OLD VILLAGE, THE SKI RESORT, PASTORALISM...

- 2pm at the Sport 2000 car park, at the Tignes 1800 roundabout
- Monday afternoon
- Approximately 3 hours walk
- From 8 years old.
- 250 m D+
- €26 (under 12) / €35 (12 and over)









HALF-DAY HIKES

TIGNES ALPINE PASTURES



3 DIFFERENT ROUTES POSSIBLE: THE COMBE FOLLE CROSS / THE BALCONY PATH / THE SALIN WATERFALL







SET OFF ON THE SUN-DRENCHED TRAILS OF TIGNES AND BE CAPTIVATED BY THE BREATHTAKING VIEWS OF LAKE CHEVRIL. ENJOY A MOMENT OF DISCUSSION ABOUT PASTORALISM AND THE EVOLUTION OF LIFESTYLES. AT EVERY TURN, A NEW PERSPECTIVE AND NEW DISCOVERIES AWAIT IN THE TIGNES AREA.

-  9am or 2pm at the Evolution 2 office in Tignes le Lac
-  Tuesday
-  Approximately 3 hours walk
-  From 8 years old.
-  250 m D+
-  €26 (under 12) / €35 (12 and over)

THE HAMLET OF MONAL



A GENTLE HIKE THROUGH THE ALPINE HAMLETS OF THE HAUTE TARENTEISE. FACING THE IMPRESSIVE MONT POURRI MASSIF AND ITS GLACIERS, WE WILL DISCOVER THE LISTED SITE OF LE MONAL! ITS TRADITIONS, TRADITIONAL ARCHITECTURE, AND FOREST ATMOSPHERE MAKE IT AN EXCEPTIONAL PLACE.

-  9am or 2pm at the Sport 2000 parking lot, at the Tignes 1800 roundabout.
-  Thursday
-  Approximately 3 hours walk
-  From 8 years old.
-  200m D+
-  €26 (under 12) / €35 (12 and over)









FULL-DAY HIKES

IN THE HEART OF THE VANOISE NATIONAL PARK









FRANCE'S OLDEST NATIONAL PARK AWAITS YOU! WE'LL SPEND THE DAY TRAVERSING HIGH MOUNTAIN PASSES, PAST LAKES AND GLACIERS, FACING THE HIGHEST PEAKS OF SAVOY, SURROUNDED BY EXCEPTIONAL FLORA AND FAUNA. EVERYTHING IS THERE: PANORAMIC VIEWS, THE SCENT OF THYME, THE TINKLING OF COWBELLS, AND THE CALLS OF MARMOTS WILL ACCOMPANY US THROUGHOUT OUR HIKE!

-  9am at the Evolution 2 office in Tignes le Lac.
-  Full day on Wednesday.
-  Approximately 7 hours walk
-  From 12 years old.
-  800m D+
-  €36 (under 18) / €43 (18 and over)



HIGH-ALTITUDE HIKING: 3000M OBJECTIVE

COME AND TRY CLIMBING ONE OF THE VALLEY'S MANY PEAKS OVER 3,000 METERS. WHETHER ON THE ITALIAN BORDER OR IN THE HEART OF THE VANOISE NATIONAL PARK, REACHING THE SUMMIT GUARANTEES BREATHTAKING PANORAMIC VIEWS. A UNIQUE PERSPECTIVE ON THE FRENCH, SWISS, AND ITALIAN MOUNTAIN RANGES AWAITS, IN A TRUE HIGH-MOUNTAIN SETTING.

-  9am at the Evolution 2 office in Tignes le Lac
-  Full day on Friday
-  Approximately 7 hours walk
-  From 12 years old
-  Between 800m and 1200m D+.
-  €36 (under 18) / €43 (18 and over)









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EVENING HIKES

APERITIF - TIGNES



GO HIKING, SHARE A CONVIVIAL MOMENT OVER A TASTING OF LOCAL PRODUCTS AT SUNSET, IN AN IDYLIC SETTING!

-  6pm at the Evolution 2 office in Tignes le Lac
-  Wednesday evening
-  Approximately 3 hours walk
-  From 12 years old.
-  200 m D+
-  To be determined

HIKING ON REQUEST

TREAT YOURSELF TO A CUSTOM-MADE HIKE ACCOMPANIED BY A PROFESSIONAL FOR A UNIQUE MOUNTAIN EXPERIENCE.

EVERY DAY, UPON REQUEST, DEPENDING ON OUR MOUNTAIN GUIDE.

THE GRANDE SASSIÈRE - 7AM-4PM - FROM 12 YEARS OLD - €89

PRIVATE HIRE - HALF DAY - €190

PRIVATE HIRE - DAY - €340



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