

	ROUTE	INFORMATIONS	VERTICAL GAIN	HIGHEST ALTITUDE	REFUGES
DAY 1	Chamonix → Argentière Hut	Meeting point at 10:00 a.m. in Argentière / Lognan with your guide. Technical gear check and group briefing. Ascent by cable car to Plan Joran Bochard station (2760 m). Traverse via Col des Rachasses (3037 m), descent on the Rognon Glacier (2600 m), then ascent on skins to the Argentière Hut (2771 m) via the glacier. Avalanche rescue training (DVA), transition techniques and glacier safety review.	Elevation gain: +300 m Elevation loss: -450 m	3233m	Argentière Hut
DAY 2	Argentière Hut → Champex	Via Col du Passon (3028 m), ascent of the Tour Glacier, then climb to Col Supérieur du Tour (3288 m). Traverse of the Trient Glacier, descent via Col des Eandies (2796 m). Ascent of the ski couloir, then descent via a via ferrata-style equipped section into the Val d'Arpette, arriving in the Swiss village of Champex.	Elevation gain: +1150 m Elevation loss: -2535 m	3288m	Inn / Hotel – Champex
DAY 3	Champex → Prafleuri Hut	Taxi transfer to Verbier / Le Châble, then cable car to Jumbo. Descent to Les Attelas, ascent to Col de Chassoure (2940 m), then climb to Mont Fort (3003 m) and ascent of the Rosablanche (3335 m). Descent to the Prafleuri Hut (2622 m).	Elevation gain: +990 m Elevation loss: -1150 m	3335m	Prafleuri Hut
DAY 4	Prafleuri Hut → Arolla	A long and magnificent day awaits us as we make our way to Arolla (2008 m). After crossing the Col des Roux (2804 m), we first follow the frozen shores of Lake des Dix, dominated by the impressive summit of Mont Blanc de Cheillon. We then cross the Pas du Chat (2479 m), followed by the famous metal stairway of the Pas de Chèvres (2854 m), before enjoying a well-earned rest in a comfortable hotel in the village.	Elevation gain: +850 m Elevation loss: -800 m	2928m	Hotel in Arolla
DAY 5	Arolla → Vignettes Hut	This easier day offers a gradual ascent towards the Vignettes Hut (3153 m). From Arolla, we take the Arolla cable car (2455 m) before joining the Pièce Glacier. The night spent at the Vignettes Hut, perched in the heart of the glacial world, is a true highlight of the Haute Route. For the most motivated participants, the ascent of Pigne d'Arolla (3796 m), the highest point of the Haute Route, can be added to crown the day.	Elevation gain: +700 m (optional +600 m) Elevation loss: -600 m	3796m	Vignettes Hut
DAY 6	Vignettes Hut → Bertol Hut	Long and beautiful stage via Col de l'Évêque (3392 m), descent on the Bouquetins Glacier, climb to Bertol Pass (2540 m), then ascent to the spectacular Bertol Hut (3310 m) perched on its rocky spur. Magnificent panoramic viewpoint: a true "open-air balcony".	Elevation gain: +1150 m Elevation loss: -800 m	3392 m	Bertol Hut
DAY 7	Bertol Hut → Zermatt	Traverse and ascent of the Mt Miné Glacier, climb to Tête Blanche (3711 m). Panoramic views over the 4000m peaks of the Imperial Crown and a stunning close-up of the Matterhorn (Cervin). Descent of the Stockji Glacier, skiing all the way to the foot of the North Face of the Matterhorn, then down to Zermatt (1616 m). End of the raid. Return to Chamonix.	Elevation gain: +500 m Elevation loss: -1100 m	3711 m	-